

VICTORIA ALBINA

Recent Interviews & Press

In Goop Health: Panelist - Future of Functional Medicine

GOOP Blog: Breathwork Healing (f)

International Drug Reform Conference: Self-Care for Activists

In-house Breathwork Facilitator: The Assemblage NYC

Huffington Post: Author "Radical Self-Care: 6 Ways Activism Is Good For You"

Love is Medicine with Dr. Razi Berry

New Frontiers in Functional Medicine with Dr. Kara Fitzgerald

Essentially You with Dr. Mariza Snyder

Her Rules Radio with Alexandra Jamieson

Women Who Prosper with Dr. Sarah Coxon

Whole Body Thriving Summit with Alessandra Macaluso

Medium Well with Sara Weinreb

Symposium of Wild Heart with Ayesha Ophelia, The Girlfriend Manifesto

Not Your Average Runner with Jill Angie

Conversations with a Wounded Healer with Sarah Buino

Nurses on Fire with Naseema McElroy

Wild Woman Fundraising with Mazarine Treyz

Skoled with Nia Hamm

Yoga to Cope with Kala MacDonald

Met God She's Black with Majella Mark

Teresa Interrupts People with Teresa Little Earnest

Mimi and the Brain with Mimi Hayes

The Wellness Recharge Podcast with Kirsi Bhasin

Live Your Authentic Life Podcast with Amber Bennett

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